

M-40-1

Headquarters, Central Officers' Trng. School,
Camp Lee, Virginia.

RAYONET FIGHTING OUTLINED FOR INSTRUCTORS.

HINTS TO COMPANY BAYONET INSTRUCTORS.

YOUR SUCCESS WILL BE MEASURED BY YOUR ABILITY TO INSTILL INTO THE CLASS THE SPIRIT OF THE BAYONET. (NERVE, STRENGTH, GOOD DIRECTION, and QUICKNESS.)

Each lesson must
HAVE

DEMONSTRATION.

Teach men to use thier eyes, Do yourself the movement you are teaching, first slowly, then repeat as you expect the class to to it later.
(Demonstrate on a man or dummy.)

EXPLANATION:

Make every movement clear to the class, explain the movement and the reasons for same.

IMITATION:

Class carry-on at will, trying the movement you have demonstrated and explained. Dont expect ideal positions at first.

CORRECTION:

Instructor must move quickly about his class correcting the faults. (DON'T CRITICIZE) pick out the man who has the best position or movement and let the class see and copy him.

D O N ' T:

THE CLASS MUST NOT BE KEPT REPEATING MOVEMENTS BLINDLY. TELL THEM, INSTRUCTOR, WHAT WAS WRONG. DONT WORK THEIR HEADS OFF WITHOUT TELLING THEM WHERE THEY WERE WRONG OR RIGHT.

FIRST PRACTICE:

In class by word of command. Instructor gives at first (by the stages). He can then see each position of the movement and make corrections. (Keeping at the stages too long makes habit of holding points. DONT. (ABOUT TEN MINUTES OF THIS)

SECOND PRACTICE:

EYE and BRAINS Master and Pupil work with hand signals, object of this practice is to coordinate the eyes with the muscles,
(About five minutes quick at this.)
MASTER AND PUPIL with the ring on training stick, points must be made quickly and in this work the hand signal or ring should be regarded as an armed opponent. (men may change over at will, men are graded on the way they use the training sticks.) Instructor has failed if his class lacks pep and fight in this practice.

THIRD PRACTICE:

Making points at dummies on assault course, which will be done at a walk, slow double, and charge.

INSTRUCTORS:

THE ABOVE METHOD MUST BE FOLLOWED IF YOU HOPE FOR YOUR CLASS.

PERFECTION:

ONLY BY PRACTICE AND CONTINUAL CORRECTION CAN PERFECTION BE OBTAINED.

NOTE:

The above points are for the use of the instructors, and should be used by them at every bayonet period.

This course by weeks is merely outlined and divided into successive steps, a class should be able to assimilate one lesson per week, and this progression must be made.

BAYONET FIGHTING.

TRAINING OUTLINED AND MOVEMENTS FOR SIX WEEKS' RECRUIT COURSE.

FIRST WEEK.

THIRTY MINUTES EACH DAY.

PRELIMINARY
LESSON

Short talk on the spirit of bayonet fighting (Inculcate desire to kill.)

Class arrangements (small and large.) Small class best for making corrections.

Vulnerable parts of the body (Explain depth of penetration.)

Short charges. (Line to halt in "On Guard" position.)

Explain why men move at high port.

Explain why withdrawal must be quick and strong. Demonstrate on man.

Fall class in, and teach "On Guard". (This position must be one of aggression, alertness, and readiness to go forward for instant attack. Practice "On Guard", adding "High Port" from "On Guard", Rest position, and "On Guard" from "Rest.")

LONG POINT

LESSON I

Teach "Long Point", first stationary (Must get full reach, withdraw, and on guard.)

Teach "Long Point" advancing rear foot. (Explain how weight of body is put into this point.) Withdraw, coming back to guard position hard enough to kill a man. Pass over without command, on making the advancing point. (The above first by stages, for correction.)

Teach "Long Point" at dummy on ground, advancing.

Teach "Oblique Long Point". (Explain when used.)

SECOND WEEK.

LESSON II

PARRIES.

Explain value of parries. (Each parry in combat is the means of taking the offensive. Parry not regarded as a defensive movement.) Demonstrate parry in attack. Right parry followed by point. Left parry followed by butt stroke to flank or groin.

High and low parries. (Explain how they work in the trench.)

Parry stick pointed at head, body, or legs.

Parry and point stick held by advancing opponent. (If parry left is made slam in the butt, whip quickly on guard pass over.)

A quick hard work-out on lesson 1. (Making corrections.)

Review of all previous lessons.

THIRD WEEK.

LESSON III

SHORT POINT

Teach short point, short point position READY, (left hand up, rifle drawn back extend of right arm.)

Teach short point, following long point. (demonstrate two men out.)

Oblique short point. (Explain when used.)

Long point advancing followed by short point advancing.

Combination of all points. (Why is hand up on withdraw from short point.)

(On guard with a snap. Why two counts for this movement?)

Fend-off from short point position, immediately taking the offensive.

Review of all previous lessons.

FOURTH WEEK.

LESSON IV

JAB.

Demonstrate the jab position, explain when used. Demonstrate long point, short point, followed by jab, and on guard. (Demonstrate either on dummies or three men insuitable positions.)

when closed with opponent. Explain to class when
point advancing would be used.

Combination long, short, and jab points, advancing.

The fend-off from jab position. (Followed by jab to the throat.)
Review of all previous lessons.

LESSON V

FIFTH WEEK. BUTT STROKES.

Explain when butt strokes are used. (Never if possible, to use the
point for killing.)

Number one butt stroke. Sharply advance the rear foot, with half
arm blow, swing the butt viciously at opponent's crotch, groin or
flank.

Number two butt stroke. If opponent jumps back, and number one has
missed, rifle comes to horizontal position, butt leading. Advance
and dash the butt at the face.

Number three butt stroke. If opponent retires, the Bayonet from
this position would be smashed vigorously downward across neck or
shoulder. If opponent has hat on of metal material, bayonet will
make very little impression.

In any case, do not expect to kill with the butt.
Opponent must be finished with the bayonet.

Number four butt stroke. If the point of bayonet at this stage is
too low to be used (meaning after number three butt stroke) number
four butt stroke is effectively used by stepping in, crashing down
on opponent's head with over arm blow.

(Note: The above butt strokes are very important for trench work
where horizontal movements are impossible.)

Bone-breaking holds.

Review of all work covered.

SIXTH WEEK

LESSON VI

Final assault practice.
Trench fighting.

SHORT
CHARGE

For leg
muscles

Class in line, the distance for a charge about ten yards, object
to present a solid front, and shock action, Instructors Command,
"At that ditch, Row of Trees, or Run out and commands, To me
Charge."

Tell class what point to use when they reach the objective. They
withdraw, on guard, and hold the line until given REST.

(Three minutes each day should be given to this.)

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